

Take-away and Bake-away

now offered
by

The Jazzy Café

PHONE: 231-798-6100

FAX: 231-798-6110

As a working mother of two soccer and basketball playing teenagers, I can relate to a busy schedule. Not to mention, the guilt of the continuous use of the all to convenient "drive thru" on the way to the next game.

Several of our "regular joe's" have asked if I would help them provide a healthier alternative for dinner. They would like to provide meals not only for themselves but also suggested meals for:

- * new parents
- * family gatherings
- * potlucks
- * elderly family members
- * church shut-ins (pastor and church discounts applicable)

In addition to our soups sold by the quart, I have assembled a menu of meals for you to choose from that are as nutritious and health conscious as our other menu's.

We do all the preparation and assembly.

- * Burrito Bake
- * Chicken / Broccoli Alfredo
- * Eggplant Parmesan
- * Lasagna - meat
- * Lasagna - veggie
- * Meatballs and red sauce

Simply take them home (thaw) and bake.

- * Meatloaf
- * Shepherd's Pie (beef or chicken)
- * Stuffed Chicken Breast
- * Tuna Noodle
- * Zesty Chicken Casserole
(noodle or rice)

Here is how it works. Call or fax in your order on MONDAY and we will have your meals ready for pick up on THURSDAY between 4 - 8 pm OR on SATURDAY 11 am - 10 pm

(Due to limited space in our facility, we are unable to store meals in our freezers.)

Cost - half portions (2-3 people) **\$15.00**, full portions (4-6 people) **\$21.00**,
party size (10-12 people) **\$33.00**.

Add a Jazzy House Salad (2-3 people) **\$5.00**, (4-6 people) **\$7.00**,
party size (10-12 people) **\$15.00**.

Thank you for your consideration. I am looking forward to hearing from you.

Sincerely,

LuSinda Clark



Burrito
Bake

388/17/8/75/1164/32/5/7/26/223mg (Jazzy pts = 8)



Chicken
Alfredo

170/3.4/1.1/56/387/9/3/3/25/- (Jazzy pts = 3)



Eggplant
Parmesan

252/8.5/4.6/25/895/30/7.7/9.2/17/396/ (Jazzy pts = 5)



342/21/9/94/1234/13/3/6/23/281

(Jazzy pts = 8)

Lasagna -
(traditional)



99/2/.03/0/111/19/3/3/4/41

(Jazzy pts = 2)

Lasagna -
(Veggie)



369/2/0/68/619/51/6/-/28/162

(Jazzy pts = 7)

Meatball
in
Red
Sauce



Shepherd's
Pie

327/7/3/71/760/10/5/-/31/179/

(Jazzy pts = 6)



Stuffed
Chicken
Breast
(your way)



Zesty
Tuna or
Chicken
Casserole

331/5/1/55/356/48/6/-/129

(Jazzy pts = 6)